



# FireFit



"An Excellent Authority"

Free Admission

## West Kirby cycling and health family fun day

West Kirby Community Fire Station and West Kirby Concourse Leisure Centre

Saturday 14th July, 12-4pm

Come along to enjoy:  
BikeRight! Skills Loop,  
Fire Fit Families Assault Course,  
Greenbank Adapted Cycles,  
Group rides on Wirral Way,  
Pedal your own Smoothie,  
First Aid for Cyclists,  
CycleWorks Roadshow,  
Climbing Wall,  
Breeze Womens Cycle Group,  
Search & Rescue Dogs,  
Live Car Rescue demonstration,  
Fire Engines past & present



Grange Road, West Kirby, Wirral CH48 4HX

Next to West Kirby Merseyrail Station - why not get the train?

[www.merseyfire.gov.uk](http://www.merseyfire.gov.uk)  
[www.facebook.com/firefituk](http://www.facebook.com/firefituk)

